Master leading yourself in order to lead others.

Leaders today are under pressure to produce, show results and perform at a higher level. Pam gives leaders methods to manage the high pace, navigate incessant change, and develop and retain talent, all while maintaining their desired quality of life.

An executive coach working with fortune 100/500 and smaller companies, Pam’s differentiator is that she is one of a handful of women to have run a marathon on all 7 continents, the North Pole and Mt Everest. She artfully weaves her sense of adventure, achievement and high energy into her presentations so audiences leave inspired and motivated to apply Pam’s actionable ideas.

Pam can kick off your meeting/confERENCE as your keynote speaker or be the highlight as your after dinner speaker. She also provides breakouts and workshops.

PAM’S HIGH IMPACT KEYNOTES

Don’t Let the Pressure Derail You
Toolkit for pressure situations when the stakes are high and your success is on the line.

A Leader’s Guide to Championing Change
For any change to be successful you need to get your people onboard.

Leading You: 5 Traits of Self-Leadership
You can only lead others to the extent that you lead yourself. Master self-leadership by consciously influencing your own thoughts and behaviors.

Winning the Leadership Marathon
Strategies to boost your leadership acumen so you have the mindset and skillset to lead others.

CLIENTS: Microsoft | Target | Waste Management | Deloitte and Touche | AT&T | Essentia Health | LeadingAge Minnesota | Benedictine Health System

WHAT CLIENTS SAY:

“Pam brings integrity, humor and passion to help people and enthusiasm to her delivery”
>> Nan Drake, Sr Vice President of Training and Master Trainer
Dale Carnegie of the Upper Midwest

“What sets Pam apart is her unique personal story and life experience she weaves into her speeches”
>> Pat Spott, President Spott Law Office

“Listing Pam as a speaker always fills the meeting room to capacity”
>> Kathlynn McConnell, President ATD Duluth Minnesota

Pam Solberg-Tapper
SPEAKER, COACH
7 CONTINENTS MARATHONER

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